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<http://lifeline.nt-rt.ru> | nfe@nt-rt.ru



LIFELINE
POWERED BY INNOVATION™

Plyo Boxes

STACKING FOAM PLYO BOXES

The Lifeline Stacking Foam Plyo Boxes are perfectly suited to adjust for progression, different exercises, and various ability levels. The lightly textured, heavy duty vinyl cover provides sure footing and the dense foam has just the right amount of give to protect shins and cushion landings. Use individually or utilize the strong hook and loop flaps on the sides to secure the boxes in a stack. Integrated handles make it easier to adjust or move the boxes. The large landing surface allows you to go for it with a 35.5" wide X 30" deep size. Available in three heights - 6", 12" and 18"- which can be purchased individually or as a set that allows you to go from 6" to 36" high in 6" increments. *Do not use foam plyo boxes on smooth floor surfaces such as wood, tile or concrete.*

- Heavy, dense foam core softens landings, helps prevent injuries, and provides stability during use
- Height adjustable
- Can be used together or separately
- Easy to clean
- Sold individually or in a set



LLPB-6 |
6"



LLPB-12 |
12"



LLPB-18 |
18"

STACKING FOAM PLYO BOXES SET

- Includes: (1)6" height plyo box,
(1)12" height plyo box, and (1)18" plyo box

LLPBSET |

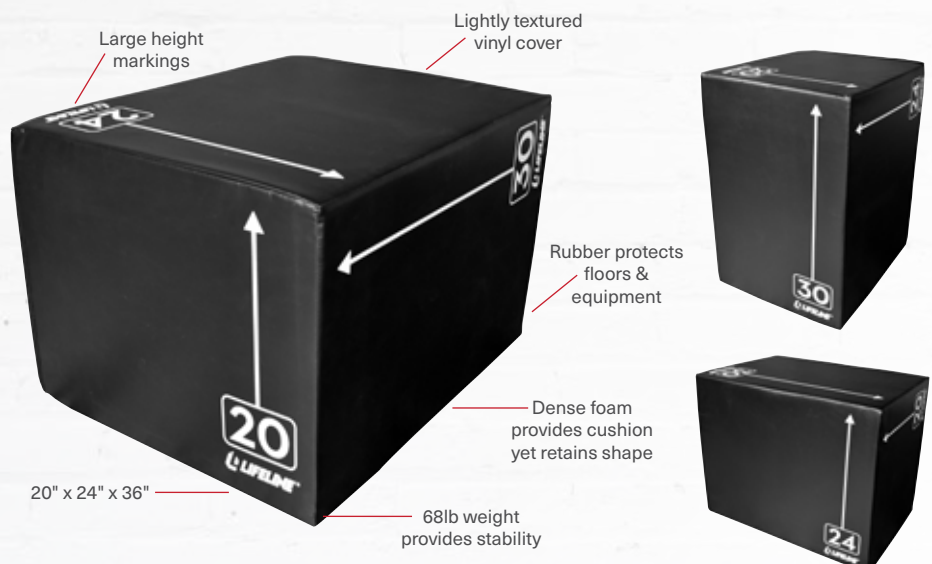


3-IN-1 FOAM PLYO BOX

If you are looking for a versatile tool to help you progress with your plyometric training the Lifeline 3-in-1 Foam Plyo Box is what you need. With 20", 24" and 30" sides you can simply flip the box to increase or decrease the height to meet your requirements. The lightly textured, heavy duty vinyl cover provides sure footing and the dense foam has just the right amount of give to protect shins and cushion landings. The compact size is perfect for those who have a small space but want big performance. *Do not use foam plyo boxes on smooth floor surfaces such as wood, tile or concrete.*

- Foam core softens landings and helps prevent injuries
- Height adjustable
- Easy to clean

LLPB3IN1 |



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